



Féile na
gCloigíní
Gorma

Community, Solidarity, Wellbeing



After the disruption of the last year, May 2021 will see the much needed return of the Upper Springfield's unique community health and well-being festival, Féile na gCloigíní Gorma. Now more than ever the festival's core pillars of community, solidarity, environment, health and well-being are crucial weapons in our fight against the isolation and despair caused by the impact of Covid-19 on all our people. We are delighted to be once again organising community based events which give people the opportunity to come together, connect, and learn about what binds us as a people and a community, albeit with social distance precautions and guidelines in place!

Féile na gCloigíní Gorma is a community health and well-being festival based in the Upper Springfield area of West Belfast. Inspired by our unique local environment, community heritage and culture of organising the week-long festival is entering its 4th year belatedly! The festival is a people's celebration of our community, our health and our local environment. Each May the famous Black Mountain '**Hatchet Field**'

blooms and chimes with the glorious site of a sea of indigenous wild 'blue-bells' (na Cloigíní Gorma). For generations of local people, living in the shadow of the hills this has effectively signalled the beginning of summer. The festival uses the symbol of the blooming 'blue-bells' to remind people of the joys of life, their natural environment and the importance of health and community solidarity.

The Féile na gCloigíní Gorma organising committee is made up of local people, community workers, language activists, youth workers, creative arts workers, sports clubs and many more. We are all united by our determination to build a sense of community within the Upper Springfield, a commitment that has now been made stronger by the last year of struggle and isolation that we have all experienced. This week-long community, health and well-being festival is our small contribution to the global and local struggle to create a shared sense of humanity and connection with the world around us. This year we have produced a restricted programme of events as a result of social distance protocols and guidelines but we are hopeful that it



will still provide excellent opportunities for people to get out, stay active and reconnect with friends and neighbours in way that is enjoyable and safe.

The programme of events kicks off on Friday 14th May at 12.00 pm with our regular open air launch at the top of the Whiterock Road. The programme culminates 8 days later with a virtual online finale concert which is headlined this year by our areas most talented musicians which you can enjoy from the safety of your own social bubble; including Brendan 'Nipper' Quinn; Ciaran Quinn; Run for Cover; Brian Hicks; 'Jake' Mac Saiciais:

In between we have replaced the famous annual Blackmountain to Caulfield's run with a community based virtual 7k on Sunday the 16th of May which will take place in the Falls Park and Springfield

Dam. On Monday the 17th May we have a night time 'Batwalk' on the Blackmountain with famous local conservationist Aidan Creen. We also have a brilliant outdoor walk and talk 'into the wild' with brilliant Ballymurphy wildlife expert Aaron Kelly on Tuesday and Thursday the 18th and 20th of May respectively. Local outdoor pursuit's instructor Marty Pelan will lead local youth groups in outdoor adventure learning activities on the Blackmountain over the course of week.

We also have a range of online discussions and workshops led by Glór na Mona this includes; Panel Discussion Community Healing and Well-Being **"It's not what's wrong with me, but what happened to us" – 'Making personal troubles into public issues'** Tuesday the 18th of May. We also have an online interview with eminent psychotherapist and author Jarlath Benson



on Wednesday the 28th of May “We shall not cease from finding the authentic self” – ‘Working creatively with groups and individuals in the journey of healing and growth’. Thursday the 19th of May will see the return of Scrobhneóí an tSléibhe an online celebration of local writing talent using poetry, short stories, prose, music and song. In addition we have an outdoor photography workshop with Mal McCann; outdoor yoga, a sunrise swim, a family fishing trip, family cycling, walks and the return of children’s outdoor sports in our ‘let them play’ celebration local sports clubs activities.

We hope there is enough activities on offer to get as many local people outdoors and connected as is safely possible. On behalf of the organising committee we hope you enjoy this year’s programme and avail of what should be a first step on a return to

our normal vibrant community life in which we all get to enjoy a week of community solidarity, celebration and well-being!



Is ndiaidh na bliana corraithí sin, i mí na Bealtaine 2021 pillfear arís fhéile uathúil sláinte agus folláine pobail san Uachtar Chluanaí, Féile na gCloigíní Gorma. Anois, níos mó ná riamh, is airm rithábhachtacha iad na crainn thaca; pobal, dlúthpháirtíocht, timpeallacht, sláinte agus folláine i gcoinne an leithlisithe agus an éadóchais de bharr thionchar Covid-19 ar ár muintir go léir. Tá lúcháir orainn a bheith ag eagrú imeachtaí pobalbhunaithe arís, a thugann deis do dhaoine teacht le chéile, ceangal a dhéanamh, agus foghlaim faoi na rudaí a cheanglaíonn muid mar dhaoine agus mar phobal, cé go mbeidh réamhchúraimí agus treoirlínte sóisialta i bhfeidhm! Is féile phobail sláinte agus folláine í Féile na gCloigíní Gorma atá lonnaithe i gceantar an Uachtair Chluanaí in Iarthar Bhéal Feirste. Spreagtha ag ár dtimpeallacht áitiúil uathúil, tá oidhreacht phobail agus cultúr agus an fhéile seachtaine ag dul isteach sa 4ú bliain! Is ceiliúradh daoine í an fhéile ar ár bpobal, ar ár sláinte agus

ar ár dtimpeallacht áitiúil. Gach Bealtaine bíonn na cloigíní gorma ag bláthú in aice Pháirc na Tua ar an tSliabh Dhubh agus ar feadh na nglúnta, léirigh sé seo tús an tsamhraidh do mhuintir na háite. Úsáideann an fhéile siombail na gcloigíní gorma le lúcháir an tsaoil, leis an timpeallacht nádúrtha agus le tábhacht na dlúthpháirtíochta ó thaobh sláinte agus pobail de, a chur i gcuimhne don phobal.

Tá coiste eagrúcháin Fhéile na gCloigíní Gorma comhdhéanta de mhuintir na háite, oibrithe pobail, gníomhaithe teanga, oibrithe óige, oibrithe cruthaitheacha ealaíne, clubanna spóirt agus go leor eile. Tá muid díograiseach agus aontaithe le meon pobail a thógáil laistigh den Uachtar Chluanaí, go háirithe agus an bhliain dheireanach de streachailt agus leithlisiú. Is síntiús beag í an fhéile phobail seachtaine seo, don streachailt dhomhanda agus áitiúil le daoine a cheangal leis an domhan thart orainn. Tá clár imeachtaí srianta curtha le chéile againn i mbliana



mar gheall ar threoirlínte cianda sóisialta, ach tá muid dóchasach go mbeidh deiseanna den scoth ar fáil go fóill do dhaoine le dul amach, a bheith gníomhach agus athcheangal a dhéanamh le cairde agus comharsana ar bhealach atá taitneamhach agus sábháilte.

Tosaíonn an clár imeachtaí Dé hAoine 14 Bealtaine ag 12.00 i.n. lenár seoladh rialta faoin spéir ag barr Bhóthar na Carraige Báine. Críochnaíonn an clár 8 lá ina dhiaidh sin le ceolchoirm fhíorúil ar líne atá lenár gceoltóirí áitiúla iomráiteacha; Brendan ‘Nipper’ Quinn; Ciarán Quinn; Niamh Níc Ionnractiagh; Run For Cover; Brian Hicks; Jake Óg Mac Saiciáis:

Idir an dá linn, beidh siúlóid agus rith fíorúil 7km i bPáirc na bhFál agus i nDamba an Uactair Chluanaí in áit Rith I Siúlóid an tSleibhe Dhuibh.

Titfidh seo amach Dé Domhnaigh 16 Bealtaine. Dé Luain 17 Bealtaine, beidh oíche ‘Siúltóg’ againn ar an tSliabh Dhubh leis an chaomhnóir áitiúil cáiliúil Aidan Creen. Tá siúlóid amuigh faoin aer iontach

againn chomh maith le saineolaí iontach Bhaile Uí Mhurchú Aaron Kelly, Dé Máirt agus Déardaoin 18 agus 20 Bealtaine. Beidh teagascóir áitiúil lasmuigh Marty Pelan i gceannas ar ghrúpaí óige áitiúla i ngníomhaíochtaí eachtraíochta faoin spéir ar an tSliabh Dhubh le linn na seachtaine.

Tá réimse de phlé agus de cheardlanna ar líne againn fosta faoi stiúir Ghlór na Móna, lena n-áirítear; Plé Painéil Cneasú Pobail agus Folláine “Níl hé an rud atá cearr liomsa, ach cad a tharla dúinn” - ‘Trioblóidí pearsanta, saincheisteanna pobail’ Dé Máirt 18 Bealtaine. Tá agallamh ar líne againn fosta le síciteiripeoir agus údar mór le rá Jarlath Benson, Dé Céadaoin 28 Bealtaine - ‘We shall not cease from finding the authentic self’ – ‘Working creatively with groups and individuals in the journey of healing and growth’.

Déardaoin 19 Bealtaine, beidh ceiliúradh ar líne ar thallann scríbhneoireachta áitiúil agus filíocht, gearrscéalta, próis, ceol agus amhráin a léamh. Ina theannta sin, tá ceardlann ghrianghrafadóireachta



amuigh faoin spéir againn le Mal McCann; ióga amuigh faoin aer, snámh éirí na gréine, turas iascaireachta teaghlaigh, rotháocht teaghlaigh, siúlóidí agus spóirt lasmuigh leanaí mar cheiliúradh ar 'lig dóibh imirt'.

Tá súil againn go bhfuil go leor gníomhaíochtaí ar fáil leis an oiread daoine áitiúla a chur amuigh faoin spéir agus iad chomh sábháilte agus is. Thar ceann an choiste eagrúcháin, tá súil againn go mbainfidh tú taitneamh as clár na bliana seo agus go mbainfidh tú leas as an chéad chéim ar cheart a bheith ann chun fillleadh ar ár ngnáthshaol pobail bríomhar ina bhfaighidh muid go léir taitneamh as seachtain de dhlúthpháirtíocht, ceiliúradh agus folláine an phobail!

FRIDAY 14TH MAY | AOINE 14 BEALTAINE

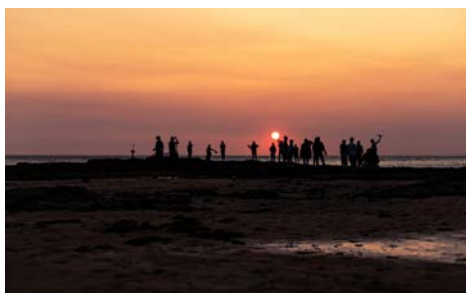


12.00 PM

Launch Féile na gCloigíní Gorma

TOP OF THE WHITEROCK ROAD, WHITEROCK CLOSE (PLAYPARK)

SATURDAY 15TH MAY | SATHARN 15 BEALTAINE



5.00AM

Sunrise Swim and Breakfast

HELENS BAY

SUNDAY 16TH MAY | DOMHNACH 16 BEALTAINE



9.30 - 11.30 AM

Virtual Community Run & Walk

All proceeds go to Childrens Heartbeat Trust

FALLS PARK

SPRINGFIELD DAM



12.00 PM

Blackmountain clean up

MEET NEWHILL



2.00 PM

Outdoor Photography

Workshop with Mal McCann

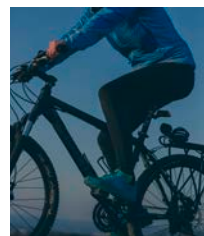
MONDAY 17TH MAY | LUAN 17 BEALTAINE



5.00 AM

Sunrise Yoga

BLACK MOUNTAIN



4.00 PM

Get on Your Bike

Community Cycle

GLOR NA MONA



6.00 PM

The Hills Are Alive

Connected Adventure
Outdoor Workshops

NEWHILL



9.00 PM

Night Talk & Batwalk on the Blackmountain With Aidan Creen

NEWHILL

TUESDAY 18TH MAY | MÁIRT 18BEALTAINÉ



10.00AM

Bloom and Grow Outdoor floor arranging workshop

NEWHILL



6.00 PM

Into the Wild with Aaron Kelly

NEWHILL



7.00 PM

Uncensored Voice of Young People Podcast Launch Street Works Project

ONLINE



7.30 PM

PANEL DISCUSSION COMMUNITY HEALING AND WELL-BEING

It's not what's wrong with me, but what happened to us

Making personal troubles into public issues!

GLÓR NA MÓNA

WEDNESDAY 19TH MAY | CÉADAOIN 19 BEALTAINÉ



1.00 PM

Online Interview Jarlath Benson

"We shall not cease from finding the authentic self - Working creatively with groups and individuals in the journey of healing and growth."



6.00 PM

Sunset Yoga

BLACKMOUNTAIN



6.00 PM

The Hills Are Alive

Connected Adventure
Outdoor Workshops

NEWHILL



6.30 PM

Family Fishing Trip

USDT, TOP OF THE ROCK



8.00 PM

Sciobneoirí an tSléibhe

A night of poetry, writing, music and song

GLÓR NA MÓNA

THURSDAY 20TH MAY | DÉARDAOIN 20 BEALTAINE



10.00 PM

'Bloom and Grow outdoor floor arranging workshop

NEWHILL



1.00 PM

Launch: Let's Walk & Talk About It Seoladh: Siúlabbhairt Donate4Dáithí

Dáithí Mac Gabhann will be 3 years on the waiting list for the gift of a new heart on 1 June 2021. The Donate4Dáithí campaign are setting down the June challenge to raise more awareness of organ donation with encouraging people to Walk & Talk About It!

GLÓR NA MÓNA

5.30 PM

Into the Wild with Aaron Kelly

NEWHILL



7.30

Muscail an Fhathaigh

Panel discussion on Belfast Hill's campaign
Gerry Adams, Maria Morgan, Jim Bradley, Melina Quinn, Lynda Sullivan

FRIDAY 21ST MAY | AOINE 21 BEALTAINE



8.00 AM

Black Panther Community Breakfast Club

TOP OF THE WHITEROCK



7.00 PM

Sport V Covid

Online Launch of Young People's Documentary exploring the impact of covid on young people and sports

ONLINE

SATURDAY 22ND MAY | SATHARN 22 BEALTAINE



10.00 - 12.00PM

Let them play

Celebration of outdoor sports clubs providers



10.30AM - 1.00 PM

Outdoor Mobile Farm

GLÓR NA MÓNA



Féile Finale Concert

Brendan 'Nipper' Quinn; Ciaran Quinn;
Run for Cover; Brian Hicks; 'Jake' Mac Saiciais
Saturday 22nd May: 8.00 pm

8.00 PM

Féile Finale Concert

with the best local musicians

Brendan 'Nipper' Quinn; Ciaran Quinn; Run for
Cover; Brian Hicks; 'Jake' Mac Saiciais

For further information
and booking details contact
Glór na Mona: 02890234442
Newhill: 02890236243
Email: niall@usdt.co.uk



ACKNOWLEDGMENTS AND THANKS | BUÍOCHAS

The organising committee would like to put on record our thanks and gratitude to our numerous partners, volunteers, and contributors for their support and hard work, we are extremely grateful for all their effort. We would also like to thank those groups and organisations who have contributed to the funding or sponsorship of this year's festival, including the Department for Communities, Heritage Lottery Fund, Foras Na Gaeilge, Education Authority, Upper Springfield Development Trust, Upper Springfield Resource Centre. Ba mhaith leis an choiste ár mbuíochas a ghabháil leis na páirtnéirí, na hoibrithé na maoinitheoirí agus achan duine eile a thacaigh leis an fhéile; tá muid thar a bheith buíoch.

